

Perry Hall High School

2019 Summer Info Sheet

School website: http://www.edline.net/pages/Perry_Hall_High/

Sports website: <http://48779.digitalsports.com/> and <http://www.countysportszone.com>

Athletic Director:	Mr. Hruz	rhruz@bcps.org (410)256-0696
Head Football Coach:	Mr. Ethington	lukeethingtonsr@gmail.com (301)609-1430
Head Volleyball Coach:	Mrs. Panageotou	ppanageotou@bcps.org (443)604-2062
Head Field Hockey Coach:	Ms. LaFollette	lafolbg13@gmail.com (443)615-4449
Head Girls Soccer Coach:	Mr. Smoot	msmoot@bcps.org (240)925-4807
Head Boys Soccer Coach:	Mr. Eibner	petefastforward@yahoo.com (410)599-5248
Head Cross Country Coach:	Mr. Adelman	cadelman@bcps.org (443)465-9243
Head Golf Coach:	Mr. Moen	rmoen@bcps.org (410)887-5113
Head Girls Golf Coach:	Mrs. Adelman	nadelman@bcps.org (253)579-9946
Head Badminton Coach:	Ms. Kallina	akallina@bcps.org (667) 401-6909
Head Cheerleading Coach:	Mr. Savage	bsavage@bcps.org (410)768-2784

First Day of try-outs: Wednesday 8/14/19

Online Registration Instructions for Perry Hall High School Athletics

Step 1: Visit: <https://formreleaf.com/organizations/perry-hall-high-school>

Click "Sign Up" in the bottom left-hand corner

Create an account (Same account can be used to register multiple student athletes under the same guardian)

Step 2: Login to FormReleaf with the account you just created

Step 3: Under "Programs" at the bottom of the page, click on the "2019-20 Fall Athletics" link

Select the appropriate sport

Complete all of the required fields (* indicates that the field is required)

When all required fields are complete, click "Submit" in the lower right-hand corner

When you have successfully completed the online registration process, you will receive a confirmation email

Please call FormReleaf tech support if you need any assistance @ 1-(844)-367-6735

Jeffrey C. Fell Jr. FormReleaf Sales / Marketing

Phone #: 267-756-1223 JFell@Vantage.com www.FormReleaf.com

Physical: that is good until at least the end of the season. Remember Physicals are only good for 1 year from the date the exam was done.

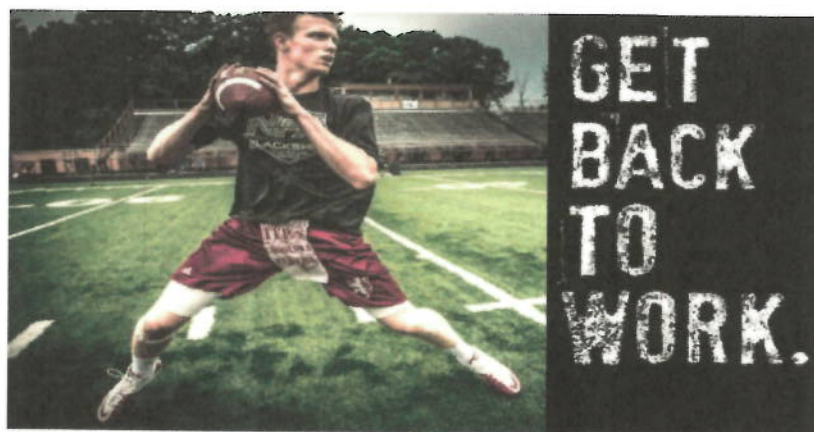
Academic Eligibility:

Students are academically ineligible if they have less than a 2.0 grade point average with no more than one failing, incomplete, or medical grade in the preceding quarter. Fall academic eligibility is determined by the fourth quarter grading period from the preceding school year. This provision does not apply to incoming 9th grade students for initial fall eligibility.

WHITE MARSH RECREATION COUNCIL PRESENTS

FOOTBALL FUNDAMENTALS CAMP - 2019

@ Perry Hall High School (TURF FIELD)



WHEN: JUNE 24-28 9:00AM-2:00PM

WHO: AGES 7-15 (NO EXPERIENCE REQUIRED)

**BRING: ATHLETIC ATTIRE, CLEATS, MOUTHPIECE,
BAGGED LUNCH & A DESIRE TO LEARN**

**DRILLS/TECHNIQUES COACHED FOR •RUNNING BACKS,
QUARTERBACKS, RECEIVERS, OFFENSIVE LINE, DEFENSIVE LINE,
DEFENSIVE BACKS, LINEBACKERS, HEADS-UP TACKLING TECHNIQUE.
PLUS— PUNTING, KICKING, KICK RETURNING & LONG SNAPPING**

\$150 REGISTRATION FEE

(late pickup until 3:00 –extra \$25/WEEK)

REGISTER ONLINE @

WWW.WHITEMARSHREC.ORG

**ALL POSITIONS
COACHED!!**

-SPECIAL TEAMS ALSO

**DAILY 7 ON 7 GAMES
AND COMPETITIONS**

**OFFICIAL
COMBINE TESTING
ON FINAL DAY**



COACHES

Bob Hruz

**CURRENT PERRY HALL HS
AD (LONG TIME HS COACH)**

Luke Ethington

**HEAD VARSITY FB COACH
PERRY HALL HS**

HALL

Sean Brooks

**JV Head FB COACH
PERRY HALL HS**

**CURRENT COLLEGE
PLAYERS**



HISTORY FORM

(Note: This form is to be filled out by the patient and parent prior to seeing the physician. The physician should keep this form in the chart.)

Date of Exam _____
 Name _____
 Sex _____ Age _____ Grade _____ School _____ Date of birth _____
 Sport(s) _____

Medicines and Allergies: Please list all of the prescription and over-the-counter medicines and supplements (herbal and nutritional) that you are currently taking

Do you have any allergies? ☐ Yes ☐ No If yes, please identify specific allergy below.
☐ Medicines ☐ Pollens ☐ Food ☐ Stinging insects

Explain "Yes" answers below. Circle questions you don't know the answers to.

GENERAL QUESTIONS	Yes	No
1. Has a doctor ever denied or restricted your participation in sports for any reason?		
2. Do you have any ongoing medical conditions? If so, please identify below: <input type="checkbox"/> Asthma <input type="checkbox"/> Anemia <input type="checkbox"/> Diabetes <input type="checkbox"/> Infections Other: _____		
3. Have you ever spent the night in the hospital?		
4. Have you ever had surgery?		
HEALTHY HEALTH QUESTIONS ABOUT YOU	Yes	No
5. Have you ever passed out or nearly passed out DURING or AFTER exercise?		
6. Have you ever had discomfort, pain, tightness, or pressure in your chest during exercise?		
7. Does your heart ever race or skip beats (irregular beats) during exercise?		
8. Has a doctor ever told you that you have any heart problems? If so, check all that apply: <input type="checkbox"/> High blood pressure <input type="checkbox"/> A heart murmur <input type="checkbox"/> High cholesterol <input type="checkbox"/> A heart infection <input type="checkbox"/> Kawasaki disease Other: _____		
9. Has a doctor ever ordered a test for your heart? (For example, ECG/EKG, echocardiogram)		
10. Do you get lightheaded or feel more short of breath than expected during exercise?		
11. Have you ever had an unexplained seizure?		
12. Do you get more tired or short of breath more quickly than your friends during exercise?		
HEALTHY HEALTH QUESTIONS ABOUT YOUR FAMILY	Yes	No
13. Has any family member or relative died of heart problems or had an unexpected or unexplained sudden death before age 50 (including drowning, unexplained car accident, or sudden infant death syndrome)?		
14. Does anyone in your family have hypertrophic cardiomyopathy, Marfan syndrome, arrhythmogenic right ventricular cardiomyopathy, long QT syndrome, short QT syndrome, Brugada syndrome, or catecholaminergic polymorphic ventricular tachycardia?		
15. Does anyone in your family have a heart problem, pacemaker, or implanted defibrillator?		
16. Has anyone in your family had unexplained fainting, unexplained seizures, or near drowning?		
JOINT AND BONE QUESTIONS	Yes	No
17. Have you ever had an injury to a bone, muscle, ligament, or tendon that caused you to miss a practice or a game?		
18. Have you ever had any broken or fractured bones or dislocated joints?		
19. Have you ever had an injury that required x-rays, MRI, CT scan, injections, therapy, a brace, a cast, or crutches?		
20. Have you ever had a stress fracture?		
21. Have you ever been told that you have or have you had an x-ray for neck instability or atlantoaxial instability? (Down syndrome or Downham)		
22. Do you regularly use a brace, orthotics, or other assistive device?		
23. Do you have a bone, muscle, or joint injury that bothers you?		
24. Do any of your joints become painful, swollen, feel warm, or look red?		
25. Do you have any history of juvenile arthritis or connective tissue disease?		

MEDICAL QUESTIONS	Yes	No
26. Do you cough, wheeze, or have difficulty breathing during or after exercise?		
27. Have you ever used an inhaler or taken asthma medicine?		
28. Is there anyone in your family who has asthma?		
29. Were you born without or are you missing a kidney, an eye, a testicle (testes), your spleen, or any other organ?		
30. Do you have groin pain or a painful bulge or hernia in the groin area?		
31. Have you had infectious mononucleosis (mono) within the last month?		
32. Do you have any rashes, pressure sores, or other skin problems?		
33. Have you had a herpes or MRSA skin infection?		
34. Have you ever had a head injury or concussion?		
35. Have you ever had a hit or blow to the head that caused confusion, prolonged headache, or memory problems?		
36. Do you have a history of seizure disorder?		
37. Do you have headaches with exercise?		
38. Have you ever had numbness, tingling, or weakness in your arms or legs after being hit or falling?		
39. Have you ever been unable to move your arms or legs after being hit or falling?		
40. Have you ever become ill while exercising in the heat?		
41. Do you get frequent muscle cramps when exercising?		
42. Do you or someone in your family have stable cell trait or disease?		
43. Have you had any problems with your eyes or vision?		
44. Have you had any eye injuries?		
45. Do you wear glasses or contact lenses?		
46. Do you wear protective eyewear, such as goggles or a face shield?		
47. Do you worry about your weight?		
48. Are you trying to or has anyone recommended that you gain or lose weight?		
49. Are you on a special diet or do you avoid certain types of foods?		
50. Have you ever had an eating disorder?		
51. Do you have any concerns that you would like to discuss with a doctor?		
FEMALES ONLY		
52. Have you ever had a menstrual period?		
53. How old were you when you had your first menstrual period?		
54. How many periods have you had in the last 12 months?		

Explain "yes" answers here

I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct.

Signature of athlete _____ Signature of parent/guardian _____ Date _____

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D-24810213

PHYSICAL EXAMINATION FORM

Name _____ Date of birth _____

1. Consider additional questions on more sensitive issues
- Do you feel stressed out or under a lot of pressure?
 - Do you ever feel sad, hopeless, depressed, or anxious?
 - Do you feel safe at your home or residence?
 - Have you ever tried cigarettes, chewing tobacco, snuff, or dip?
 - During the past 30 days, did you use chewing tobacco, snuff, or dip?
 - Do you drink alcohol or use any other drugs?
 - Have you ever taken anabolic steroids or used any other performance supplement?
 - Have you ever taken any supplements to help you gain or lose weight or improve your performance?
 - Do you wear a seat belt, use a helmet, and use condoms?
2. Consider reviewing questions on cardiovascular symptoms (questions 6-14).

EXAMINATION			
Height	Weight	<input type="checkbox"/> Male <input type="checkbox"/> Female	
BP	Pulse	Vision R 20'	L 20'
Corrected	<input type="checkbox"/> Y <input type="checkbox"/> N		
APPEARANCE		ADDITIONAL FINDINGS	
<ul style="list-style-type: none"> • Marfan stigmata (hyperostosis, high-arched palate, pectus excavatum, arched neck, arm span > height, hyperostosis, myopia, MVP, aortic insufficiency) 			
EYES/ears/nose/throat			
<ul style="list-style-type: none"> • Pupils equal • Hearing 			
Lymph nodes			
Heart*			
<ul style="list-style-type: none"> • Murmurs (auscultation standing, supine, +/- Valsalva) • Location of point of maximal impulse (PMI) 			
Pulses			
<ul style="list-style-type: none"> • Simultaneous femoral and radial pulses 			
Lungs			
Abdomen			
Genitourinary (males only)			
Skin			
<ul style="list-style-type: none"> • HSV, lesions suggestive of MRA, skin corpora 			
Neurologic†			
RHEUMATOLOGICAL			
Neck			
Back			
Shoulder/arm			
Elbow/forearm			
Wrist/hand/fingers			
Hip/thigh			
Knee			
Leg/ankle			
Feet/toes			
Functional			
<ul style="list-style-type: none"> • Back-walk, single leg hop 			

*Consider ECG, echocardiogram, and referral to cardiology for abnormal cardiac history or exam.

†Consider DT exam if in private setting. Having third party present is recommended.

‡Consider cognitive evaluation or baseline neuropsychiatric testing if a history of significant concussion.

☐ Cleared for all sports without restriction

☐ Cleared for all sports without restriction with recommendations for further evaluation or treatment for _____

☐ Not cleared

☐ Pending further evaluation

☐ For any sports

☐ For certain sports _____

Reason _____

Recommendations _____

I have examined the above-named student and completed the preparticipation physical evaluation. The athlete does not present apparent clinical contraindications to practice and participate in the sport(s) as outlined above. A copy of the physical exam is on record in my office and can be made available to the school at the request of the parents. If conditions arise after the athlete has been cleared for participation, the physician may revoke the clearance until the problem is resolved and the potential consequences are completely explained to the athlete (and parents/guardians).

Name of physician (print/type) _____

Address _____

Date _____

Signature of physician _____

Phone _____

MD or DO

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200901

8-266372-010



Head Varsity Coach – Luke Ethington

lukeethingtonsr@gmail.com

(301) 609-1430

Head Junior Varsity Coach – Taywan Moore

mooretaywan@gmail.com

(443) 469-0326

Summer Lifting and Condition program begins on **Monday, June 17th** @ 5pm in the Perry Hall HS weight room (back of building).

Lifting and Conditioning: Every Monday, Tuesday, and Thursday – 5pm-7pm

Open to all athletes *entering* grades 9-12. Dress in athletic attire, **tennis shoes and cleats**. Bring a water bottle to fill!

Team camp: Stevenson University (August 5th, 6th, 7th) Cost: \$225

Register @ 410footballcamps.com

****Tryouts will begin Wednesday, August 14th – 5pm-7:30pm (practice field)**

Follow us on Twitter @phgatorfootball

[Type here]



May 2019

Dear Future Lady Gator,

We are excited to hear of your interest in Perry Hall High School Volleyball and your interest in becoming a student-athlete at Perry Hall High School. Our coaching staff continue to build a competitive program. In order to help you prepare for the coming season this letter includes important information about try- outs and summer training. It is **imperative** that you complete the Online registration before the first day of try-outs. Details are on the back.

Try-outs will begin on August 14, 2019 from 8am-11am in the Perry Hall High School gym.

It is not necessary to have prior playing experience; however, attending a camp/clinic prior to tryouts will give you an advantage. The coaching staff will be evaluating athletes on:

- Knowledge and skill set
- Endurance & condition (focusing on core strength and sprint work)
- Coachability & Positive attitude
- Competitiveness and strong work ethic

Tryouts will begin August 14th -17th from 8-11am; everyone is expected to participate in ALL tryouts. In addition to being physically and mentally prepared, be sure you have your athletic shoes and a labeled water bottle. You may want to consider wearing knee pads, bringing a towel and a healthy snack.

Also, to assist you in your growth of competitive volleyball, we strongly encourage you to attend a summer camp or clinic to help refine or build your playing skills and overall understanding of the game. There are a wide variety of local camps (Including one at Perry Hall High run by our coaching staff and former players) Camps vary by instructor, location, skill level, cost, type and date. Please speak with your parent/guardian about the possibility of attending one or more of these camps.

If any questions should arise, please contact a coach before August 9th.

Tricia Panageotou
Head Varsity Coach

ppanageotou@bcps.org

Laura Britton
Junior Varsity Coach

<mailto:lbritton715@gmail.com>

Steph Roche
Asst. Coach

I wish you a safe, healthy, fun summer. I look forward to working with you in August!

Sincerely,
Ms. Tricia Panageotou
Head Varsity Volleyball Coach

Perry Hall High School Cross Country Team

Requirements/Forms:

1. The first practice is Wednesday, August 14th, 2019 from 7:00 AM to 8:30 AM at the tennis courts.
 - a. In order to get out of the heat of the day and allow those with summer jobs to continue working, practice times are Monday through Friday from 7:00 AM to 8:30 AM until school begins for teachers. Practices will start at the tennis courts.
 - b. Once school begins for teachers on August 26th, 2019, practice will be from 2:45 PM to 4:30 PM Monday through Friday. Practices will start at the track.
 - c. There may be some voluntary Saturday practices.
2. In order to come out for the team, **the athlete must complete all registration procedures.**
 - a. The following forms must be completed and given to the athletic director before attending any practices: a completed physical signed by a doctor and a completed and signed parent permission form.
 - b. All registration must be completed on FormReLeaf:
<https://formreleaf.com/organizations/perry-hall-high-school>
 - c. The following forms must be signed and turned in to Coach Adelman in order to participate on the team:
 - i. Team expectations
 - ii. Off-campus training form
3. What should I bring to practice?
 - a. A water bottle
 - b. Be dressed to run. Depending on weather, bring rain gear. As the weather gets cooler in the fall, be prepared to have layers (T-shirt and shorts, sweatpants and sweatshirt, jacket, gloves and hat).
4. There are few cuts in cross country, but athletes will be removed from the team if they violate team rules.
5. **Three-mile rule:** athletes will not compete in a meet until they can meet the minimum requirement: team members must be able to run three miles non-stop.
6. Athletes need to start running before team practices begin. Summer training schedule options are included.
7. Coach information:
 - a. Head Coach: Clark M. Adelman
 - i. E-mail: cadelman@bcps.org

Perry Hall Field Hockey 2019 Tryouts

August 14th 3pm-5pm @high school (meet under tree)

All tryout days will be 3pm-5pm (location will change based on field availability)

ALL INFORMATION IS POSTED ON

<http://phfieldhockey.website2.me/>

We will be using TeamSnap for updates and team events

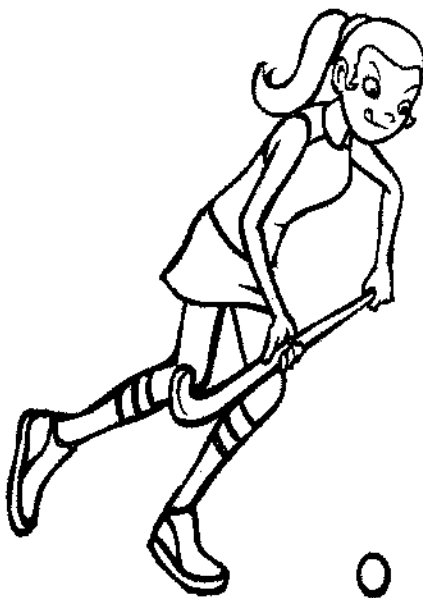
What you need

(NO exceptions):

- Medical form
- Parent Contact Information
- Stick
- Goggles
- Mouth guard
- Shin guards
- Cleats AND tennis shoes
- WATER

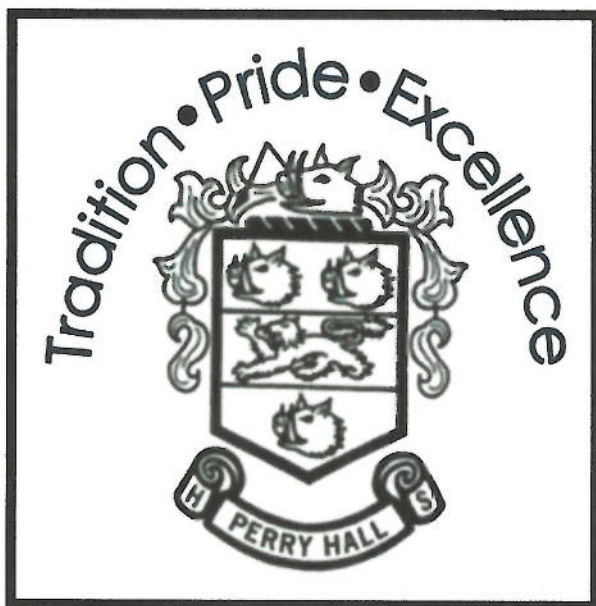
Skills needed:

- Run for 30 minutes
 - Under 8 minute mile
 - 15 minutes 1.5 miles
 - Under 2 minutes .25 mile
- Sprints
- Looking up
- Control/ loose dribble
- Pass on the move
- Stopping the ball
- Pull left and right
- Accurate corner shooting
- Creating Space
- Push pass
- Drive
- Choke hit
- Sweep hit
- Jab/ jinx
- Air dribbling



Coach Brittani LaFollette can be reached at (443)615-4449 or lafolbg13@gmail.com

See you on the field!



PERRY HALL GIRLS SOCCER MD 4A STATE CHAMPIONS

2019 Information Guide

Head Varsity Coach: Matt Smoot

msmoot@bcps.org 240-925-4807

Head JV Coach: Rick Townley

rtownley@bcps.org 410-456-3778

The 2019 PHHS Gators Girls Soccer program looks to build upon a stellar 2018 season that earned the first State Championship in program history!

Projected Tryout Dates: 8/14/18 – 8/21/19 Team practices continue 8/22/19- End of Season

Tryout Time: 8-10am morning sessions (NO practice on Sundays)

Practice times move to 3:30-5:30pm on 8/26/19 – End of Season

Projected Tryout location- PHHS TURF, GRASS, and Honeygo Run Turf. 2 session days and evening sessions may begin after tryouts in accordance with the BCPS heat acclimation policy

7v7 Summer League Soccer at CCBC-Essex 6/11-7/23 Tuesday nights. -Contact Coach Townley

11v11 TopFlightSports Summer League, Carsins Run Road Fields 6/3-7/30 Monday nights (Varsity Interest Only) -Contact Coach Smoot

Summer Conditioning Packet Availability and Summer Training Times will be announced via Team Email Distribution List. Summer conditioning and Summer League Practice takes place at PHHS.

Please be sure to email Coach Smoot at msmoot@bcps.org if you are an incoming player interested in trying out so that we may add your player and parent email addresses to the 2019 distribution list.

**The 2019 Road to
Success starts NOW!**



Perry Hall Boys Soccer 2019

“Learning to Walk Again!”

Below you will find a list of attributes and qualities that the coaching staff will be looking at when evaluating players for roster spots. These characteristics will be the basis for decision making regarding the team.

EVALUATION CRITERIA:

1. Technical Ability-
 - a. Player Must exhibit a good first touch
 - b. Must be comfortable on the dribble
 - c. Passing for accuracy, both to the feet and space
 - d. Finishing with the foot and head, using proper technique
 - e. Defending with good technique, strength and determination
2. Tactical
 - a. Field Awareness—Good vision, awareness, spacing
 - b. Defending in a unit- being able to understand and execute zonal defending
 - c. Positioning- knowing where to be, when to be there, and why
3. Fitness
 - a. The cornerstone of our program
 - b. Varsity – 2 miles in 13:00. J.V – 2 miles in 14:00
 - c. 3 x500 yard shuttle run in under 1:50 (2:00 rest)
 - d. 3 x300 yard shuttle run in under 1:05 (2:00 rest)

FALL TRYOUTS: Tryouts for Varsity will be at Honeygo Turf. JV will be TBA

- Players must have completed paperwork and equipment.
- Please bring a ball, if you have one.
- Wednesday, August 14 - First day of tryouts 2pm -4pm
- Thursday, August 15 and Friday, August 16– 2pm-4pm
- Saturday, August 17 - 9-11am. 1st Round of cuts to be made.
- Monday, August 19 and Tuesday, August 20—2pm -4pm
- August 21- 23 -- 9am-12 and 3pm -4:30pm (tentatively)
- Final cuts to be made by Friday, August 21

2019 WOMEN'S GOLF TRYOUTS

Coaching Staff:

Mrs. Adelman

Tryouts:

- Wednesday August 14th: Tryouts will begin at 3:00 p.m. at Perry Hall High School (We will meet in the main lobby and then move inside to a classroom). **The 14th will be a meeting only (approximately 30 minutes, no need to bring clubs).**
- Thursday August 15th: Practice – 3:00 pm at Bel Air Driving Range. Practice/Match schedule will be given at that time

Note: All practices will run approximately 1 hour except when playing practice rounds (2 hours). Athletes are competing to fill an 8 -10 man roster. There is no Junior Varsity team therefore all athletes selected will be on the varsity team.

Practice times and locations are subject to change based on course / facility availability/weather conditions.

What to bring:

You MUST be dressed in Golf attire while at the course or range:

- Collared shirts
- Khaki shorts/pants or golf skirt, no jeans/jean shorts
- Tennis or golf shoes

Bring your clubs

Contact Mrs. Adelman if you have any questions:

nadelman@bcps.org

2019 MEN'S GOLF TRYOUTS

Coaching Staff:

Mr. Moen

Tryouts:

- Wednesday August 14th: Tryouts will begin at 3:00 p.m. at Perry Hall High School (We will meet outside by the back of the Gym and then move inside to a classroom). **The 14th will be a meeting only (approximately 30 minutes, no need to bring clubs).**
- Thursday August 15th: Practice – 3:00 pm at Bel Air Driving Range.
- Friday August 16th: Practice Round Scrimmage (selected individuals only) Eagles Landing TBA
- Tuesday August 20th Practice round – 3:00 pm Sparrows Point Country Club.
- Wednesday August 21st: Practice --3:00 pm. at Bel Air Driving Range.
- Thursday August 22nd: Practice round – 3:00 pm Sparrows Point Country Club.
- Friday August 23th: Practice – 3:00 pm at Bel Air Driving Range.

Final Team Selections

Note: All practices will run approximately 1 hour except when playing practice rounds (2 hours). All athletes must attend each day of the tryout. The team will be selected and tryouts will end Friday August 23rd. Athletes are competing to fill an 8 -10 man roster. There is no Junior Varsity team therefore all athletes selected will be on the varsity team.

Practice times and locations are subject to change based on course / facility availability.

What to bring:

You MUST be dressed in Golf attire while at the course or range:

- Collared shirts
- Khaki shorts/pants, no jeans/jean shorts
- Tennis or golf shoes

Bring your clubs

Contact Mr. Moen if you have any questions:

rmoen@bcps.org

443-809-8738

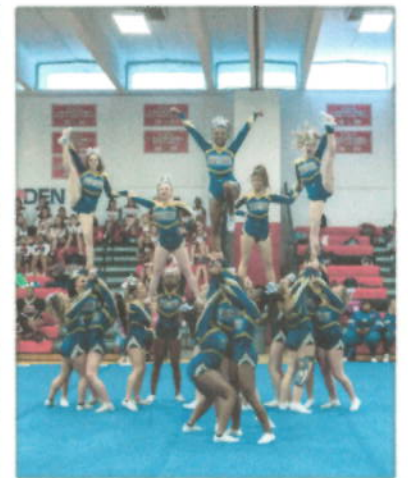
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*Perry Hall
Cheerleading
Try-Outs
Fall 2019*



10's Across the Board!

**Soukup Arena
August 14th - 16th
3pm - 5pm**

**Questions: Contact Coach Brian
bsavage@bcps.org**

10



PHHS

MIXED BADMINTON 2019

TRYOUT INFORMATION

CONTACT

Coach Abigail Kallina

Email: akallina@bcps.org

Telephone: 667-401-6909

Location (during school): Rm 201

Tryouts will be held at the PHHS Gym on the following dates/ times:

- August 14th – 12-2pm
- August 15th – 12-2pm
- August 16th – 12-2pm
- August 17th – 12-2pm

Players should wear appropriate clothing for physical activity (t-shirt, shorts, socks and sneakers, etc.) and bring:

- Water
- A small towel
- A racquet (if you have one)

ADDITIONAL INFORMATON

Practice will almost always occur in the PHHS Gym.

Practice times will alternate week to week (due to sharing the gym with JV and Varsity Volleyball) and will either be from 2:30-4:30pm or 4:30-6:30pm.

Further scheduling details will be provided after tryouts conclude.

PERRY HALL HIGH SCHOOL ATHLETIC BOOSTER CLUB

<https://phhsboosterclub.org/>



GATOR PRIDE

We are super excited for the 2019 fall season. We have dedicated coaches, hardworking athletes, and very successful teams including COUNTY, REGIONAL, and STATE CHAMPIONS, and the Athletic Booster Club supports them all. We want to take this opportunity to make you aware of our Athletic Booster Club.

Look for our new website in July before tryouts for important athletic information.

MISSION:

The Athletic Booster Club supports, promotes, encourages, & works to advance the student athletes & the athletic programs of Perry Hall High School and thereby cultivate clean, wholesome school spirit, promote good sportsman-ship, & develop high ideals of character that are consistent with the educational philosophy of the school community.

The Booster Club's goal is to provide the needed funds for uniforms, equipment, transportation, and facility enhancements that cannot be funded by the county budget.

We encourage all parents to become part of our GATOR community and achieve our goals as a TEAM.

Help to make Perry Hall the best it can be!!

We can't change the past, but we can work together to change the Future!

GO GATORS

WHO WE ARE AND WHAT WE DO

FAN EXPERIENCE: We fund large school projects; \$100,000 for the new Turf Field and \$150,000 for the stadium scoreboard. We sell spirit-wear including the new cool #HallYeah t-shirts.

TEAM SUPPORT: We distributed \$55,000 to teams over the last 4 years for uniforms. We organize stadium concessions, support coaches and players through fun events and fundraising.

PLAYER ENRICHMENT: We supply programs and promote our athletes through social media. We distribute scholarships. We donate time tutoring athletes and provide sweatshirts to Allied Sport Players.

GOALS & MEMBERSHIP (BE A TEAM PLAYER)

The athletic budget keeps getting smaller, and the county has limited funds to distribute. Perry Hall is the largest school in Baltimore County, but we are given similar funding as other high schools. Uniforms, equipment, projects, busing, officials, & player appreciation all cost money. What can you do?

BECOME A BOOSTER CLUB MEMBER!

Just think how much you have paid to be part of the Recreation Council Athletics probably \$100 or more per sport per year. Booster Club membership is just \$75 and a portion of the money goes back directly to YOUR athletes team's account.

Booster's funding goes to the teams, facility enhancements, and to help those who cannot financially contribute. Only If we continue to have membership can continue to provide support. **WE NEED YOU!**

PLANS & IDEAS & YOU

Over the upcoming months, planning continues; the list is long. We cannot do it without financial & volunteer support from energetic parents & community members; uniform purchases, stadium improvements (press box, bathrooms, concession), Softball/Baseball (stands, dugouts, scoreboard), Gymnasium (AC/fans, scoreboard), and more.

JOIN, VOLUNTEER & MAKE A DIFFERENCE!

Perry Hall High School Athletic Booster Club

Membership Rally



The Perry Hall High School Athletic Booster Club's mission is to support the athletic department, our athletes and coaches and our community. The club's goal is to provide the needed funds for uniforms, equipment, and facility enhancements that cannot be funded by the county budget. We Need You!!

Some of the recent activities are:

- Leading the turf field project by raising \$100,000 and assisting with the county and state legislative process to make it happen
- Distributing \$35,000 for team uniforms in the last 3 years, and \$70,000 in the last 10 years
- Funding 2 scholarships for our graduating seniors
- Recognizing our student athletes through our website and social media
- Organizing and operating concessions
- Providing and selling Spirit-wear for our athletes and parents
- Organizing 5 major community events; Golf Outing, Wrestling Event, Bull Roast, Concessions, Sponsorships, and Membership
- Conducting monthly meetings. Second Monday of every month @7:00 in the Perry Hall High School Library

**You too can support our student athletes
Become a member today!**

Name:	
Address:	
Email:	
Phone:	
Athlete Name(s):	
Athlete Sport(s):	

Membership Chart:

BLUE: \$75.00

Alumni: \$_____ (Please specify)

BLUE: \$50.00 goes to team of your choice
(first in list)

Make checks to Perry Hall Athletic Boosters

Online registration: www.phhsboosterclub.org in July

Find us on

Facebook: Perry Hall H.S. Athletic Boosters

Twitter: @hs_hall

Website: www.phhsboosterclub.org

Mail To:

Perry Hall Athletic Boosters

P.O. Box 44382

Baltimore, MD 21236

PERRY HALL HIGH INDOOR LACROSSE TEAM



PERRY HALL INDOOR LACROSSE

Coach

Edward Reich

443.750.0966

Family.Reich@comcast.net

INFORMATION

Harford Performance Center
121 Industry Lane, Forest Hill,
MD, 21050
(20-minute ride in Harford
County).



GIRLS NEEDED FOR INDOOR TEAM (8TH THROUGH 12TH):

My name is Edward Reich, father of Samantha Reich, one of the players on the Perry Hall High School Girls lacrosse team. I am looking to put together several Girl indoor lacrosse teams for late fall and into winter.

Last year we played at Harford Sports Performance Center in Harford County (address = 121 Industry Lane, Forest Hill, MD, 21050). The cost was \$155 per player. We played most games early Saturday or Sunday (before noon) throughout December and January. We can car pool if driving is an issue.

This year we plan to have a few practices in late fall, through winter, and up to spring season at the local indoor NERRC facility and on Perry Hall High School New Turf Field. The first game typically starts the first week in December. We played 10 games last year. We also play other games against FCA and possibly others.

The practices and games are intended for all levels of play. We will work on basic developmental skills through advanced concepts. This will supplement club work if you play club.

It is a good easy way to get some lacrosse work in the winter and shore up skills. I am also planning on conducting training to prepare our girls for the spring season and give them pointers, links to videos, parent advice, and our playbook. Moreover, we have relationships with local vendors for gear. The indoor season is a great way to compete against good players from around northern Baltimore.

If you are interested, please contact me now so I can put you on my mailing list at,

Edward Reich at 443.750.0966 or by email at
Family.Reich@comcast.net